South Bend Community School Corporation Intermediate Menu August 2018

Douth Dena Community Den	oor corporation	Intermediate Mana		Mugust 2010
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals. Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab – n- Go * notes Pork				
n- Go * notes FOFK			August 16 Breakfast Smoothie w/Crackers Lunch WG Cheesy Breadstick w/Marinara Sauce Broccoli-1/2 cup Applesauce-1/2 cup	August 17 Breakfast Mini Blueberry Pancakes Lunch WG Pizza – 1 Green Beans- ½ cup Diced Pears- ½ cup
August 20	August 21	August 22	August 23	August 24
Breakfast WG Breakfast Slider	Breakfast Cinnamon Mini Bagels-1	Breakfast Smoothie w/WG Cracker	Breakfast Breakfast Wrap	Breakfast Mini Cinnamon Waffles
Lunch Chicken Smackers – 10 WG Dinner Roll-1 oz. Golden Corn – ½ cup Pears – ½ cup	Lunch Nachos and Cheese w/ WG Tostito Chips-1 Refried Beans-1/2 cup Peaches-1/2 cup	Lunch WG French Bread Pizza W/Marinara Sauce – 2 oz. Baby carrots - 1 bag Hidden Valley Ranch Dip- 1 Fresh Fruit-1/2 cup	Lunch Chicken Patty on WG Bun 1 Broccoli-1/2 cup Mixed Fruit- ½ cup	Lunch Beacon Street Stuffed Sandwich (WG) Spinach Calf. Blend Pineapple
August 27 Breakfast French Toast	August 28 Breakfast WG Breakfast Slider	August 29 Breakfast Smoothie w/WG Cracker	August 30 Breakfast Pancake on a Stick	August 31 Breakfast Breakfast Toast
Lunch WG Chicken Nuggets –6 WG Dinner Roll- 1 oz. Cheesy Broccoli–½ cup Pears -1/2 cup	Lunch Soft Shell Taco Shredded Romaine – 1/2 cup Salsa – 1 oz. Corn–1/2 cup Diced Peaches-1/2 cup	Lunch Double Cheeseburger on WG Bun Seasoned Potato Cubes— ½ cup Fresh Fruit	Lunch Corn Dog Baked Beans – ½ cup Mixed Fruit – ½ cup	Lunch WG Rippers W/Marinara Sauce – 2 oz. Baby carrots w/Dip Applesauce-1/2 cup

4 oz. Juice and a variety of cereals are offered as a choice for Breakfast 8 oz. milk offered with all meals

Menus are subject to change

This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades.